

A Brief Analysis on the Influence Factors of the Security and Stability of University Students and Countermeasures

Guo Zheng

School of Education,
China West Normal University,
No.1 Shi Da Road, Nanchong,
Sichuan, China.
E-mail: 48710020@qq.com

Research achievements of young teachers' research funding (15D019) in China West Normal University

Abstract:

The safety and stability of students is an important factor affecting the development of universities. At present, the living environment of university students is very complicated for there are various factors influencing and threatening their security and stability. Therefore, ideological and moral education should be strengthened, the concept of people-oriented should be established, and more relevant practice activities should be carried. What's more, a sound working mechanism of students' safety and stability should be established, and there should give a full play to the leading role of teachers and students, and strengthen the modernization of facilities so as that university students can study better and university itself can have a better development.

Keywords: University students, safety and stability, current situation, influence factors, countermeasures.

1. The Current Situation of the Safety and Stability of University Students

With the development of society, universities have become a vital base for training talents since the reform and opening up. At present, our society is in a transition period where the safety and stability of university students is an important work of the development of universities. The stability of

universities can be defined as an umbrella term for the order, standardization and controllability of each system in the higher school, as well as the coordination, integration and function of the university and the external environment. ^[1]The current security situation of university students is as follows.

1.1 The complicated living environment of university students

From the closure of the past to today's open university education, college students have been exposed to a great number of things in the school environment. With the change of the time and social development, the application of the network has become the trend of the times. While bringing a great deal of knowledge, it is also accompanied by adverse factors and the impact of foreign cultures, making college students' value change.

1.2 The increase in the investment in safety and stability of university students

As a base for cultivating social talents, colleges and universities have increased their investments in the safety and stability of college students. Not only a large number of excellent teaching staffs have been introduced and trained but also advanced equipment has been put into use. Besides, in terms of public opinion propaganda, there are also a variety of publicity channels, such as broadcasting on campus, carrying out class meetings, setting up group education, etc.

Safety and stability is an important factor in the harmonious development of society. As the main output of talents, colleges and universities should lay a solid talent foundation for building a more harmonious society. Therefore, we should first analyze the factors that affect the safety and stability of college students, and then find some countermeasures to solve the problem.

2. The Analysis of the Factors Affecting the Safety and Stability of University Students

Colleges and universities are the places full of young generations and great talents. The safety and stability of college students play an increasingly important role in the harmonious and stable development of society, and the factors that influence the safety and stability of college students lie in the following aspects.

2.1 International factors

The international situation has changed because of world multi-polarization and economic globalization. As the largest developing country, China is playing an increasingly important role in the world. The competition of science and technology is the core of comprehensive national strength, which makes colleges and universities become important bases for cultivating scientific and technological talents. In this way, international hostile forces will take some measures and pose a threat to universities, such as, the current popular overseas study and the introduction of outstanding talents in China; the phenomenon of brain drain makes the safety and stability of college students in a very serious situation.

2.2 Political factors

In a very long period of current time, neither the international situation of "one super strong" nor the diplomatic relations between countries will make great changes. However, the current Taiwan issue, the Tibet and Xinjiang incidents as well as other ethnic separatist incidents are still very sensitive to national security and stability. The recent threat of the THAAD system has led to a series of anti-Korean behaviors; College students are not mature enough in their thinking, they do not have a firm position and they are prone to be impulsive. To some extent, influenced by the outside public opinion, it is vulnerable to be eroded by the negative thoughts such as hedonism and money worship, which may cause unpredictable threats and damages to schools and even countries.

2.3 Religious factors

Freedom of religious belief is the basic national policy of China, and religious belief has a great influence on the consciousness of people. However, some criminals make use of the subconscious of college students to permeate their thoughts so as to achieve the purpose of working for them. Such a behavior has a negative impact on the values and world outlook whose core is Marxism and it poses a great threat to the safety and stability of College students.

2.4 Environmental factors

The complex environment such as society, school and family also has an important influence on the safety and stability of College Students. After all, "Social education is the first platform for college students to learn about society, experience life and think about life."^[2]With the reform and opening up, the huge employment pressure and complex network environment make college students become anxious. In recent years, there have been frequent incidents of brawling and suicide, which have some certain resistance to the future development of colleges and universities. In the poor family living environment, such as "single-parent families", "left-behind children" and "domestic violence", which are so serious that college students can be under the shadow of that environment in childhood, even until now it may also do harm to them.

2.5 Internal factors

Internal factor is the fundamental factor affecting one's activity. Generally speaking, college students are developing towards positive, optimistic and upward direction, but there are still some problems, for instance, college students have no firm belief, they are confused about the future, they are not mature in their thinking and prone to be impulsive. At present, most of the college students are the only child, and their parents' spoil them so much that results in a lack of independent consciousness and sense responsibility. What's worse, they may have certain mental health problems, and some psychological defects of girls and boys are prone to lead to some extreme events. Thus, it seems that people should attach great importance to college students' mental health condition.

3. The Analysis of Countermeasures to the Safety and Stability of University Students

Contemporary college students are in the complex living environment for there exist influences both from the external and internal aspects, which has brought great resistance to the safety and stability of college students, so we need to do the following things so as to improve the present situation.

3.1 Strengthen the study of ideological and political theory courses

Students' safety and stability is not only the foundation of the stability of college students, but also the core of the stability of it. ^[3]To solve that problem, we should start with students' safety ideology. As the primary classroom for imparting knowledge, teachers should teach more about the safety and stability of college students in ideological and political education courses by giving some typical examples, and more relevant laws and regulations should be introduced to students so that they can establish a correct concept of safety and cherish the present life.

3.2 Carry out practical activities about safety and stability

As the saying goes, practice is the single criterion for testing truth. In practice, we should also encourage students to combine theory with practice and guide practice further with theory. So in school, more activities should be carried out to maintain safety and stability, such as knowledge competition, award-winning Q &A, etc. Besides, some field exercises can also be carried out to develop emergency plans, the focus which is to allow students to consciously pay attention to safety and stability.

3.3 Establish the responsibility mechanism for the safety and stability of University students

In order to establish the mechanism of responsibility for the safety and stability of university students, the leaders and administrators of the school should improve the team's comprehensive quality firstly, and assess the relevant personnel regularly. Besides, there should have a strict discipline in the organization, keeping strictly the rules for reward and punishment, and have a strengthened supervision and management in the canteen, teaching buildings and other relatively crowded areas.

3.4 Adhere to people-oriented concept

In modern society, people-oriented values are advocated, which should also be promoted in the work of college students' safety and stability. To begin with, the delicate relationship between teachers and students need to be paid attention to so as prevent a small conflict. In the learning process, teachers should exert pressure on students appropriately in case that they could not bear it, which may bring unpredictable consequences. Therefore, schools should also offer more mental health courses for education, and give special counseling to students with mental health problems to avoid some incidents like group and suicide events.

3.5 Bring the leading role of teachers and students into full play

As the major participants in the safety and stability work of college students, teachers and students should actively take the lead in that work. First of all, as a counselor, teachers should talk with students and give them some psychological comforts. Besides the individual, more attention should be paid to the unity of the class, making the students feel the love of family and they are psychologically protected. What's more, counselors should also adopt different management measures according to different types of institutions; for example, in the liberal arts colleges, where the majority of female students' mental health should be paid more attention to, while in science and engineering colleges counselors should pay more attention to male students so as to prevent the occurrence of group events. In addition, as student cadres from students themselves, it is of great importance to contribute to the safety and stability work of students. Advanced deeds and advanced figures should also be vigorously publicized to form a good school spirit through examples and exemplary roles.

3.6 Improves the safety and stability of schools through the modernization of facilities

Although colleges and universities have invested a lot in campus safety facilities, most of them are scattered. As a whole, there has no comprehensive security defense system, and hardware investment is much greater than the software investment. In this way, some important software such as the official website of the school can easily lead to the omission of students' personal information, thus threatening the safety and stability of college students. Therefore, schools should invest more in campus safety management systems.

References

- [1] Wang Ruoyang (2007). Research on the system and mechanism of maintaining stable work in colleges and universities in the new era. Beijing: Chinese People's Public Security University press.
- [2] GuHailiang (2003). The importance and reinforcement of college students' safety education. China Higher Education Research, (7), 19.
- [3] Zhang Yang (2014). Reflection on the dilemma of students' growth and reconstruction of reality. Journal of National Academy of Education Administration (8), 45-51.